

BREAKFAST

Eggs Benny **\$10**

poached eggs on ham & english muffin topped with house made hollandaise, served with hash browns

The Well Skillet **\$10**

hash browns topped with scrambled eggs, onions, red peppers, bacon, ham, sausage, cheddar & mozzarella, served with toast

Cup of Fruit **\$4**

assorted fruit

SMALL BITES

Dry Ribs **\$10**

sweet chili sauce

Sautéed Prawns **\$12**

pesto beurre nantais, grape tomatoes, garlic bread

Wings by the Pound available **\$11**

salt and pepper, house-made BBQ, honey garlic, hoi sin, sweet chili & hot

Spring Rolls **\$6**

plum sauce

Fries **\$4**

golden & crispy

Basket of Onion Rings **\$7**

sriracha honey mayo

Popcorn Shrimp **\$10**

with cocktail sauce

Yam Fries **\$7**

chipotle mayo

Poutine **reg \$8 sml \$6**

Fries, cheese curds & house-made gravy

Chicken Tenders **\$10**

Fries & choice of honey mustard, plum or bbq

FRESH BITES

Signature Soups **cup \$3 bowl \$6**

choice of 2 daily features

Organic Greens **\$7**

spring mix, tomatoes, carrots, pumpkin seeds, cucumber, choice of dressing

Caesar Salad **side \$4 full \$8**

garlic croutons and parmesan

Sriracha Chicken Salad **\$12**

spring mix, chicken breast, cucumber, onion, tomato, cheddar & mozzarella, creamy sriracha honey dressing, cilantro & lime

enhance with chicken or sautéed prawns **\$5**

Dressing Options: Sriracha Honey, Balsamic Vinaigrette, Herb Vinaigrette, Ranch

SHAREABLES

Beer, Cheese & Chive Dip **\$12**

house-made, oven baked served with nacho chips

The Well Nachos **half \$9 full \$13**

olives, jalapenos, tomatoes, onions, layers of cheese, oven baked, with sour cream & salsa

enhance with guacamole \$2, chicken \$5, beef \$4

The Well Flat Bread Pizzas **each \$9**

Hawaiian

ham, pineapple, marinara, cheddar & mozzarella

Mediterranean

tomato, feta, onions, red peppers, olives, marinara, cheddar & mozzarella, finished with cucumber

Pepperoni Plus

pepperoni, mushroom, bacon, marinara, cheddar & mozzarella



Vegetarian



Gluten Free



The Well Signature Item

Taxes Extra. See Server for details.

★ PUBLIC HOUSE ★

HANDHELDS & SANDWICHES

The Well Classic Burger \$10

house-made all beef patty, lettuce, tomato, onion, mayo on a warm brioche bun

The Well Bacon Cheddar Burger \$12

house-made patty, bacon, cheddar, lettuce, tomato, onion, mayo on a warm brioche bun

The Well Mushroom Swiss Burger \$12

house-made patty, sautéed mushrooms, swiss, lettuce, tomato, onion, mayo on a warm brioche bun

Classic Beef Dip \$10

slow-roasted thinly shaved beef, on a toasted garlic bun, au jus

The Well Stacked Rueben \$14

thinly shaved pastrami, sauerkraut & swiss piled on grilled marble rye. dijon on the side.

Chicken Quesadilla \$13

chicken breast, cheddar & mozzarella, red peppers, onions, jalapenos in a flour tortilla with salsa & sour cream

Steak Sandwich \$15

grilled NY steak, garlic mushrooms, on garlic bread

Sriracha Chicken Cordon Bleu Sandwich \$13

grilled chicken breast, swiss, ham, sriracha honey mayo, lettuce, tomato, onion on a toasted garlic bun

Clubhouse \$11

grilled chicken, lettuce, tomato, bacon & mayo on choice of bread

Chicken Caesar Wrap \$10

crispy chicken, romaine, parmesan & house-made dressing wrapped in a warm tortilla

Grilled Cheese Sandwich \$5

classic cheddar grilled cheese on choice of bread

enhance with ham \$2

Classic BLT \$8

bacon, lettuce, tomato & mayo on choice of bread

served with soup, organic greens or fries; upgrade to yam fries or caesar salad **\$2**; substitute onion rings **\$3** add cheddar, sautéed mushrooms, crisp bacon or fried onions **\$1.50 each**; substitute any beef patty for chicken breast **\$1**; make it shareable **\$2**

MAIN BITES

Chicken Tajine \$15

roast chicken breast in apricots, dates and spices, on a bed of rice with seasonal vegetables

Vegetable Stir Fry available \$10

broccoli, onions, celery, carrots, red peppers, honey-garlic sauce served over basmati rice

enhance with chicken or sautéed prawns \$5

White Miso Ramen Bowl \$12

fragrant miso broth, Cantonese egg noodles, smoked tofu, bacon, mushrooms, cabbage, carrot, cilantro, fresh lime, scallions

enhance with chicken or sautéed prawns \$5

Baked Mac 'N' Cheese \$12

with farmer's sausage & garlic toast

Linguini Alfredo \$10

alfredo sauce, linguini, parmesan with garlic toast

enhance with chicken or sautéed prawns \$5

Fish & Chips 1pc \$10 2pc \$13

pacific cod, golden beer batter, fries, coleslaw & tartar sauce

Pan Seared Salmon \$16

maple ginger glaze, seasonal vegetable with mashed potatoes, baked potato or basmati rice

Pork Schnitzel \$14

herb & panko crusted pork loin, creamy mushroom onion gravy, seasonal vegetables with mashed, baked potato, or rice

New York Steak \$18

grilled 8oz striploin, garlic mushrooms, seasonal vegetables with mashed, baked potato, or rice

enhance with chicken or sautéed prawns \$5

The Well Smoked Ribs half \$14 full \$19

St. Louis style ribs, house-made BBQ sauce, seasonal vegetables with mashed potatoes, baked potato or basmati rice

mashed potatoes available after 4pm

SWEET BITES

New York Cheesecake with berry compote \$7

Seasonal Crumble with ice cream \$7

Brownie Ice Cream Sandwich \$7

Fresh Fruit with crème anglaise \$6